



Cooking
in the
Kitchen
at Olum's

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*Cooking Delicious Recipes
that are Easy & Nutritious!*
Olums.com

Chilled Mango Soup

Serves 4

Ingredients:

- 3 mangoes, cubed
- 2 cups vanilla sweetened coconut milk*
- 12 oz. plain yogurt, plus ¼ cup for garnish
- 2 limes, juiced, plus more as needed

Directions:

1. Combine all ingredients into a food processor (work in batches if needed). Pulse until smooth.
2. Transfer to serving dish. Refrigerate 2-3 hours to chill. Serve topped with yogurt.

**Can substitute your milk of choice, such as: vanilla almond milk, soy milk, etc.*

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