



Cooking in the Kitchen at Olums

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*Cooking Delicious Recipes
that are Easy & Nutritious!*
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Creamy Mango Tarts

Servings: 24 mini tarts

Ingredients:

- 1 cup Cottage Cheese
- 1/2 cup plain Greek yogurt
- 1/4 cup honey
- 1 teaspoon vanilla extract
- 24 mini-muffin size phyllo-dough shells**
- 1 cup mango, chopped

Directions:

1. In a blender or food processor, blend cottage cheese, yogurt, honey, and vanilla until smooth.
2. Spoon about a tablespoon of filling into each phyllo-dough shell and top with chopped mango.

**Available in the frozen foods section.

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